

ACAP NUTRITION PROGRAM MENU AUGUST 2020

FUNDED BY OFFICE OF THE AGING OPERATED BY ACAP MENU SUBJECT TO CHANGE W/O/NOTICE

ALL HOME DELIVERED MEAL CANCELLATIONS WILL BE ON WPTZ CHANNEL 5

3 ST SHELLS W/MEAT SAUCE CAULIFLOWER WHEAT BREAD STICK APPLESAUCE/MILK	4 TURKEY SALAD SANDWICH TOMATO/CUKE SALAD CHOCOLATE Cake MILK	5 BEEF STEW W/POTATOES & MIXED VEGETABLES CORN BREAD FRUIT SALAD MILK	6 MICHIGAN HOT DOG WHEAT HD ROLL MACARONI SALAD BROWNIE MILK	7 TERRIYAKI PORK CHOP FAJITA RICE PEAS SUGAR COOKIE WHEAT BREAD/MILK
10 CHICKEN TENDERS MASHED POTATO PEAS/CARROTS COOKIE WHEAT BREAD/MILK	11 HERBED CHICKEN MAC/CHEESE BEETS WHEAT BREAD MAN.ORANGES/MILK	12 BAKED HAM W/ SAUCE SWEET POTATO BROCCOLI WHEAT DINNER ROLL COCONUT CREAM Pie MILK	13 GOULASH TOSSED SALAD GARLIC BREAD CHOCOLATE CHIP COOKIE MILK	14 HOT TURKEY/GR. SANDWICH WHEAT DINN ER ROLL PEACH CRISP MILK
17 BBQ CHICKEN BAKED BEANS VEGETABLE WHEAT DINNER ROLL FRUIT/MILK	18 SHEPARDS PIE MASHED POTATO WHEAT BREAD PINEAPPLE MILK	19 CHICKEN/BISCUIT MASHED POTATO GREEN BEANS STRAWBERRY TRIFLE MILK	20 MEATLOAF/GR MASHED POTATO CARROTS GINGERBREAD CAKE WHEAT BREAD MILK	21 CHEF SALAD EGG,HAM,TURKEY WHEAT DINNER ROLL BROWNIE MILK
24 HAMBURGER/CHEESE WHEAT HB ROLL BAKED BEANS COLESLAW FRUIT/MILK	25 SWEET & SOUR PORK RICE JAPANESE BLEND WHEAT DINNER ROLL CAKE/MILK	26 BAKED ZITI W/MEAT SAUCE TOSSED SALAD GARLIC BREAD PUDDING/MILK	27 TURKEY SALAD SANDWICH TOMATO/CUKE SALAD CHOCOLATE Cake MILK	28 BEEF STEW W/POTATO & MIXED VEGETABLES CORN BREAD FRUIT SALAD MILK
31 ST SHELLS W/MEAT SAUCE CAULIFLOWER WHEAT BREAD STICK APPLESAUCE/MILK				