



ACAP NUTRITION PROGRAM MENU JULY 2020

FUNDED BY OFFICE OF THE AGING OPERATED BY ACAP MENU SUBJECT TO CHANGE W/O/NOTICE

ALL HOME DELIVERED MEAL CANCELLATIONS WILL BE ON WPTZ CHANNEL 5

		<p>1 MEATLOAF/GR MASHED POTATO CARROTS GINGERBREAD WHEAT BREAD/MILK</p>	<p>2 CHEF SALAD EGG,HAM,TURKEY WHEAT DINNER ROLL BROWNIE MILK</p>	<p>3 CLOSED HAPPY 4TH</p>
<p>6 ST SHELLS W/MEATSAUCE CAULIFLOWER WHEAT BREAD STICK APPLESAUCE/ MILK</p>	<p>7 SWEET & SOUR PORK RICE JAPANESE BLEND WHEAT DINNER ROLL CAKE/MILK</p>	<p>8 BAKED ZITI W/MEAT SAUCE TOSSED SALAD GARLIC BREAD PUDDING/MILK</p>	<p>9 TURKEY SALAD SANDWICH RYE BREAD TOMATO/ CUKE SALAD CHOCOLATE CREAM PIE MILK</p>	<p>10 BEEF STEW W/POTATO &MIXED VEGTABLES CORN BREAD FRUIT SALAD MILK</p>
<p>13 CHICKEN TENDERS OVEN BROWNED HERB POTATO PEAS/CARROTS COOKIE WHEAT BREAD/MILK</p>	<p>14 MICHIGAN HOT DOG WHEAT HD ROLL MACARONI SALAD BROWNIE MILK</p>	<p>15 TERRIYAKI PORK CHOP FAJITA RICE PEAS SUGAR COOKIE WHEAT BREAD MILK</p>	<p>16 HERBED CHICKEN MAC/CHEESE BEETS WHEAT BREAD MANDARIN ORANGES MILK</p>	<p>17 BAKED HAM W/SAUCE SWEET POTATO BROCCOLI WHEAT DINNER ROLL COCONUT CREAM PIE MILK</p>
<p>20 BBQ CHICKEN BAKED BEANS VEGETABLE WHEAT DINNER ROLL FRUIT/MILK</p>	<p>21 GOULASH TOSSED SALAD GARLIC BREAD COOKIE MILK</p>	<p>22 HOT TURKEY/ GR SANDWICH WHEAT BREAD PEAS PEACH CRISP/ MILK</p>	<p>23 SHEPARDS PIE MASHED POTATO WHEAT DINNER ROLL PINEAPPLE MILK</p>	<p>24 CHICKEN/BISCUIT MASHED POTATO GREEN BEANS STRAWBERRY TRIFLE MILK</p>
<p>27 HAMBURGER/CHEESE WHEAT HB ROLL BAKED BEANS COLE SLAW FRUIT /MILK</p>	<p>28 MEATLOAF/GR MASHED POTATO CARROTS GINGERBREAD CAKE WHEAT BREAD/ MILK</p>	<p>29 CHEF SALAD EGG, HAM, TURKEY WHEAT DINNER ROLL BROWNIE MILK</p>	<p>30 SWEET & SOUR PORK RICE JAPANESE BLEND WHEAT DINNER ROLL CAKE/MILK</p>	<p>31 BAKED ZITI W/MEAT SAUCE TOSSED SALAD GARLIC BREAD PUDDING/MILK</p>