

ACAP NUTRITION PROGRAM MENU JUNE 2020

FUNDED BY OFFICE OF THE AGING OPERATED BY ACAP MENU SUBJECT TO CHANGE W/O NOTICE

ALL HOME DELIVERED MEAL CANCELLATIONS WILL BE ON WPTZ CHANNEL 5

1 CHILI W/CARROTS RICE CORN BREAD COOKIE MILK	2 HOT TURKEY /GR SANDWICH WHEAT BREAD PEAS PEACH CRISP MILK	3 SHEPARDS PIE MASHED POTATO WHEAT DINNER ROLL PINEAPPLE MILK	4 CHICKEN/BISCUIT MASHED POTATO GREEN BEANS STRAWBERRY TRIFLE MILK	5 MEATLOAF/GR MASHED POTATO CARROTS GINGERBREAD CAKE WHEAT BREAD MILK
8 ST SHELLS W/MEAT SAUCE CAULIFLOWER WHEAT BREAD STICK APPLESAUCE/MILK	9 CHEF SALAD EGG,HAM,TURKEY WHEAT DINNER ROLL BROWNIE MILK	10 BAKED ZITI W/ MEAT SAUCE ITALIAN GREEN BEANS GARLIC BREAD PUDDING/MILK	11 SWEET AND SOUR PORK RICE JAPANESE BLEND WHEAT DINNER ROLL CAKE/MILK	12 TERIYAKI PORK CHOP FAJITA RICE PEAS SUGAR COOKIE WHEAT BREAD MILK
15 CHICKEN TENDERS OVEN BROWNED HERB POTATO PEAS/CARROTS WHEAT BREAD/ MILK	16 BEEF STEW W/POTATO & MIXED VEGETABLES CORN BREAD FRUIT SALAD/MILK	17 MICHIGAN HOT DOG WHEAT HD ROLL OVEN BROWNED HERB POTATO BROWNIE/ MILK	18 <i>FATHERS DAY</i> THIN SLICED ROAST BEEF ON ROLL LETTUCE/TOMATO POTATO SALAD APPLE PIE MILK	19 HERBED CHICKEN MAC/CHEESE BEETS WHOLE WHEAT ROLL MAN. ORANGES MILK
22 BBQ CHICKEN BAKED BEANS VEGETABLE WHEAT DINNER ROLL FRUIT/MILK	23 BAKED HAM W/SAUCE SWEET POTATO BROCCOLI WHEAT DINNER ROLL COCONUT CREAM PIE MILK	24 GOULASH ITALIAN GREEN BEANS GARLIC BREAD COOKIE MILK	25 HOT TURKEY/GR SANDWICH WHEAT BREAD PEAS PEACH CRISP /MILK	26 SHEPARDS PIE MASHED POTATO WHEAT DINNER ROLL PINEAPPLE MILK
29 HAMBURGER /CHEESE WHEAT HB ROLL OVEN BROWNED HERB POTATO COLESLAW FRUIT/MILK	30 CHICKEN/BISCUIT MASHED POTATO GREEN BEANS STRAWBERRY TRIFLE MILK			