ACAP NUTRITION PROGRAM MENU JUNE 2020

FUNDED BY OFFICE OF THE AGING OPERATED BY ACAP MENU SUBJECT TO CHANGE W/O NOTICE

12345CHILI W/CARROTSHO TURKEY /GRSHEPARDS PUECHICKEN/BISCUITMEATLOAF/GRRICESANDWICHMASHED POTATOMASHED POTATOMASHED POTATOCORN BREADWHEAT BREADWHEAT DINNER ROLLGREEN BEANSCARROTSCOOKIEPEASPINEAPPLESTRAWBERRY TRIFLEGINGERBREAD CAKEMILKPEACH CRISPMILKMILKWHEAT BREAD89101112ST SHELLS W/MEATCHEF SALADBAKED ZITI W/ MEATSWEET AND SOURTERIYAKI PORK CHOPSAUCEEGG, HAM, TURKEYSAUCEPORKFAIITA RICECAULIFLOWERWHEAT DINNER ROLLITALIAN GREEN BEANSRICEPEASWHEAT BREAD STICKBOWNIEGARLIC BREADJAPANESE BLENDSUGAR COOKIEAPPLESAUCE/MILKMILKPUDDING/MILKWHEAT DINNER ROLLWHEAT BREADWHEAT BREAD15161718 FATHERS DAY19CHICKENCHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENOVEN BROWNED HERBVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATOMAC/CHEESEBBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOWHEAT DINNER ROLLVEGETABLEBROCOLIGAULIC BREADMILK222324			-		
RICE CORN BREADSANDWICHMASHED POTATO WHEAT BREADMASHED POTATO WHEAT DINNER ROLL PINEAPPLEMASHED POTATO GREEN BEANS STRAWBERRY TRIFLEMASHED POTATO GREEN BEANS GINGERBREAD CAKE WHEAT BREAD MILK891011125T SHELLS W/MEATCHEF SALAD EGG,HAM,TURKEYBAKED ZITI W/ MEAT SAUCESWEET AND SOUR PORKTERIYAKI PORK CHOP FAJITA RICE691011127ST SHELLS W/MEAT SAUCECHEF SALAD EGG,HAM,TURKEY WHEAT DINNER ROLL BROWNIEBAKED ZITI W/ MEAT SAUCESWEET AND SOUR PORKTERIYAKI PORK CHOP FAJITA RICE78910111278GARLIC BREAD CAWLEATSWEET AND SOUR PORKTERIYAKI PORK CHOP FAJITA RICE791112891011129CAULIFLOWER WHEAT DINNER ROLL MILKGARLIC BREAD PORKSUGAR COOKIE9161718 FATHERS DAY FATHERS DAY1915161718 FATHERS DAY FATHOR DAL DOVEN BROWNED HERB POTATOHERBED CHICKEN MAC/CHEESE9VEGETABLES POTATOOVEN BROWNED HERB POTATOPOTATO AMIZC POTATO AMIZCBEEF S9POTATO POTATOVEGETABLESOVEN BROWNED HERB POTATOHERBED CHICKEN MASHED POTATO922232425269BAKED HAM W/SAUCE BAKED BANSGOULASH ITALIAN GREEN BEANS SANDWICHHOT TURKEY/GR MILK22 <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td>	1	2	3	4	5
CORN BREAD COOKIE MILKWHEAT BREAD PEAS PEACH CRISP MILKWHEAT DINNER ROLL PINEAPPLE MILKGREEN BEANS STRAWBERRY TRIFLE MILKCARROTS GINGERBREAD CAKE WHEAT BREAD MILK89101112ST SHELLS W/MEAT SAUCECHEF SALAD EGG,HAM,TURKEY AVIEAT DINNER ROLL SAUCEBAKED ZITI W/ MEAT SAUCESWEET AND SOUR PORKTERIYAKI PORK CHOP FAJITA RICECAULIFLOWER WHEAT DINNER ROLL APPLESAUCE/MILKWHEAT DINNER ROLL BROWNIE MILKITALIAN GREEN BEANS GARLIC BREAD PUDDING/MILKRICE PORK WHEAT DINNER ROLL WHEAT DINNER ROLL WHEAT BREAD MILKSUGAR COOKIE WHEAT DINNER ROLL WHEAT BREAD APPLESAUCE/MILKUMEAT MILK15161718 FATHERS DAY VHEAT HD ROLL WHEAT HD ROLL OVEN BROWNED HERB VEGETABLES18 FATHERS DAY HEBED CHICKEN WHEAT HD ROLL DOTATO WHEAT BREAD WHEAT HD ROLL WHEAT HD ROLL WHEAT BREAD/MILKMICHIGAN HOT DOG HEBEF CON ROLL HAC/CHEESEHEBED CHICKEN MAC/CHEESEPEAS/CARROTS PEAS/CARROTS WHEAT BREAD WHEAT BREAD/MILKCORN BREAD FRUIT SALAD/MILKPOTATO BOWNIE/ MILKMHOLE WHEAT ROLL APPLE PIE MAN. ORANGES MILK2223242526BBQ CHICKEN BAKED BANS SWEET POTATOGOULASH ITALIAN GREEN BEANS GARLIC BREADSANDWICH WHEAT BREADMASHED POTATO WHEAT DINNER ROLL2223242526BBQ CHICKEN BAKED BANS SWEET POTATOGARLIC BREADSANDWICH WHEAT BREADMASHED POTATOVEGETABLEBROCCOLIGAR					
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MILKMILKMILK89101112ST SHELLS W/MEATCHEF SALADBAKED ZITI W/ MEATSWEET AND SOURTERIYAKI PORK CHOPSAUCEEGG,HAM,TURKEYSAUCEPORKFAJITA RICECAULIFLOWERWHEAT DINNER ROLLITALIAN GREEN BEANSRICEPEASWHEAT BREAD STICKBROWNIEGARLIC BREADJAPANESE BLENDSUGAR COOKIEAPPLESAUCE/MILKMILKPUDDING/MILKWHEAT DINNER ROLLWHEAT BREAD15161718 FATHERS DAY19CHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENPOTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPOTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATOBEETSWHEAT BREAD/MILKRUIT SALAD/MILKBROWNIE/ MILKMILKMILK2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL	COOKIE	PEAS	PINEAPPLE	STRAWBERRY TRIFLE	GINGERBREAD CAKE
89101112ST SHELLS W/MEATCHEF SALADBAKED ZITI W/ MEATSWEET AND SOURTERIYAKI PORK CHOPSAUCEEGG,HAM,TURKEYSAUCEPORKFAJITA RICECAULIFLOWERWHEAT DINNER ROLLITALIAN GREEN BEANSGARLIC BREADJAPANESE BLENDSUGAR COOKIEWHEAT BREAD STICKBROWNIEGARLIC BREADJAPANESE BLENDSUGAR COOKIEWHEAT BREADAPPLESAUCE/MILKMILKPUDDING/MILKWHEAT DINNER ROLLWHEAT BREADWHEAT BREAD15161718 FATHERS DAY19CHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENPOTATOVEGETABLESOVEN BROWNED HERBVPOTATO & MIXEDWHEAT HD ROLLBEEF ON ROLLMAC/CHEESEPOTATOVEGETABLESOVEN BROWNED HERBPOTATO SALADWHOLE WHEAT ROLLMAN. ORANGESWHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIEMAN. ORANGESBBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL	MILK	PEACH CRISP	MILK	MILK	WHEAT BREAD
ST SHELLS W/MEATCHEF SALADBAKED ZITI W/ MEATSWEET AND SOURTERIYAKI PORK CHOPSAUCEEGG,HAM,TURKEYSAUCEPORKFAJITA RICECAULIFLOWERWHEAT DINNER ROLLITALIAN GREEN BEANSRICEPEASWHEAT BREAD STICKBROWNIEGARLIC BREADJAPANESE BLENDSUGAR COOKIEAPPLESAUCE/MILKMILKPUDDING/MILKWHEAT DINNER ROLLWHEAT BREAD15161718 FATHERS DAY19CHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENOVEN BROWNED HERBV/POTATO & MIXEDWHEAT HD ROLLBEEF ON ROLLMAC/CHEESEPOTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATOBEETSWHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIEMAN. ORANGESWHEAT BREAD/ MILKBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL		MILK			MILK
SAUCE CAULIFLOWEREGG,HAM,TURKEY WHEAT DINNER ROLL BROWNIESAUCE ITALIAN GREEN BEANS GARLIC BREAD PUDDING/MILKPORK RICE APPLESAUCE/MILKFAJITA RICE PEAS15161718 FATHERS DAY CAKE/MILK1915161718 FATHERS DAY UDDING/MILK19CHICKEN TENDERS OVEN BROWNED HERB POTATO WHEAT BREADWPOTATO & MIXED VEGETABLESMICHIGAN HOT DOG OVEN BROWNED HERB POTATO VEGETABLESTHIN SLICED ROAST DOTATO VEGETABLESHERBED CHICKEN MAC/CHEESE2223242526BBQ CHICKEN BAKED HAM W/SAUCE SAKED BEANSGOULASH ITALIAN GREEN BEANS GARLIC BREADHOT TURKEY/GR MICHI BREANSSHEPARDS PIE MASHED POTATO2223242526BBQ CHICKEN BAKED HAM W/SAUCE BAKED BEANSGOULASH ITALIAN GREEN BEANS GARLIC BREADHOT TURKEY/GR WHEAT BREADSHEPARDS PIE MASHED POTATOVEGETABLE BAKED BEANSSWEET POTATO BROCCOLIGARLIC BREAD GARLIC BREADWHEAT BREAD WHEAT BREADWHEAT DINNER ROLL	8	9	10	11	12
CAULIFLOWER WHEAT BREAD STICK APPLESAUCE/MILKWHEAT DINNER ROLL BROWNIE MILKITALIAN GREEN BEANS GARLIC BREAD PUDDING/MILKRICE JAPANESE BLEND UWHEAT DINNER ROLL CAKE/MILKPEAS SUGAR COOKIE WHEAT BREAD MILK15161718 FATHERS DAY THIN SLICED ROAST19CHICKEN TENDERS OVEN BROWNED HERB POTATO WFGETABLESMICHIGAN HOT DOG WHEAT HD ROLLTHIN SLICED ROAST BEEF STEWHERBED CHICKEN MICHIGAN HOT DOGOVEN BROWNED HERB POTATO WHEAT BREAD/MILKW/POTATO & MIXED VEGETABLESOVEN BROWNED HERB POTATO POTATO BEETSDOVEN BROWNED HERB POTATO POTATO SALADMAC/CHEESE BEETS2223242526BBQ CHICKEN BAKED HAM W/SAUCE BAKED BEANSGOULASH ITALIAN GREEN BEANS GARLIC BREADHOT TURKEY/GR SANDWICHSHEPARDS PIE MASHED POTATO MASHED POTATO2223242526BBQ CHICKEN BAKED HAM W/SAUCE BAKED BEANSGOULASH ITALIAN GREEN BEANS GARLIC BREADHOT TURKEY/GR WHEAT BREADSHEPARDS PIE MASHED POTATOVEGETABLEBROCCOLIGARLIC BREAD GARLIC BREADWHEAT BREADWHEAT DINNER ROLL	ST SHELLS W/MEAT	CHEF SALAD	BAKED ZITI W/ MEAT	SWEET AND SOUR	TERIYAKI PORK CHOP
WHEAT BREAD STICK APPLESAUCE/MILKBROWNIE MILKGARLIC BREAD PUDDING/MILKJAPANESE BLENDSUGAR COOKIE WHEAT DINNER ROLL15161718 FATHERS DAY19CHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENOVEN BROWNED HERBW/POTATO & MIXEDWHEAT HD ROLLBEEF ON ROLLMAC/CHEESEPOTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATOWHOLE WHEAT ROLLWHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIEMAN. ORANGES2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL	SAUCE	EGG,HAM,TURKEY	SAUCE	PORK	FAJITA RICE
APPLESAUCE/MILKMILKPUDDING/MILKWHEAT DINNER ROLL CAKE/MILKWHEAT BREAD MILK15161718 FATHERS DAY19CHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENOVEN BROWNED HERBW/POTATO & MIXEDWHEAT HD ROLLBEEF ON ROLLMAC/CHEESEPOTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATOWHOLE WHEAT ROLLWHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIEMAN. ORANGES2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL	CAULIFLOWER	WHEAT DINNER ROLL	ITALIAN GREEN BEANS	RICE	PEAS
Image: constraint of the state of the sta	WHEAT BREAD STICK	BROWNIE	GARLIC BREAD	JAPANESE BLEND	SUGAR COOKIE
Image: constraint of the state of the sta	APPLESAUCE/MILK	MILK	PUDDING/MILK	WHEAT DINNER ROLL	WHEAT BREAD
15161718FATHERS DAY19CHICKEN TENDERSBEEF STEWMICHIGAN HOT DOGTHIN SLICED ROASTHERBED CHICKENOVEN BROWNED HERBW/POTATO & MIXEDWHEAT HD ROLLBEEF ON ROLLMAC/CHEESEPOTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATOSALADWHOLE WHEAT ROLLWHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIEMAN. ORANGES2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL					MILK
CHICKEN TENDERS OVEN BROWNED HERB POTATOBEEF STEW W/POTATO & MIXED VEGETABLES CORN BREAD FRUIT SALAD/MILKMICHIGAN HOT DOG WHEAT HD ROLL OVEN BROWNED HERB POTATO BROWNIE/ MILKTHIN SLICED ROAST BEEF ON ROLL LETTUCE/TOMATO POTATO SALAD MUCLE WHEAT ROLL MAN. ORANGES MILK2223242526BBQ CHICKEN BAKED BEANS VEGETABLE23242526BBQ CHICKEN VEGETABLESWEET POTATO BROCCOLIITALIAN GREEN BEANS GARLIC BREADHOT TURKEY/GR WHEAT BREADSHEPARDS PIE MASHED POTATO WHEAT DINNER ROLL	15	16	17		
OVEN BROWNED HERB POTATOW/POTATO & MIXED VEGETABLES CORN BREAD FRUIT SALAD/MILKWHEAT HD ROLL OVEN BROWNED HERB POTATO BROWNIE/ MILKBEEF ON ROLL LETTUCE/TOMATO POTATO SALAD MPLE PIE MILKMAC/CHEESE BEETS WHEAT ROLL WHOLE WHEAT ROLL MILK2223242526BBQ CHICKEN BAKED BEANS VEGETABLEBAKED HAM W/SAUCE SWEET POTATOGOULASH ITALIAN GREEN BEANS GARLIC BREADHOT TURKEY/GR SANDWICHSHEPARDS PIE MASHED POTATO WHEAT DINNER ROLL	CHICKEN TENDERS	BEEF STEW	MICHIGAN HOT DOG		HERBED CHICKEN
POTATOVEGETABLESOVEN BROWNED HERBLETTUCE/TOMATOBEETSPEAS/CARROTSCORN BREADPOTATOPOTATO SALADWHOLE WHEAT ROLLWHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIEMAN. ORANGES2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL					
PEAS/CARROTS WHEAT BREAD/ MILKCORN BREAD FRUIT SALAD/MILKPOTATO BROWNIE/ MILKPOTATO SALAD APPLE PIE MILKWHOLE WHEAT ROLL MAN. ORANGES MILK2223242526BBQ CHICKENBAKED HAM W/SAUCE SWEET POTATOGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANS GARLIC BREADSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL					-
WHEAT BREAD/ MILKFRUIT SALAD/MILKBROWNIE/ MILKAPPLE PIE MILKMAN. ORANGES MILK2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL				•	
MILKMILK2223242526BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL	-				
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BBQ CHICKENBAKED HAM W/SAUCEGOULASHHOT TURKEY/GRSHEPARDS PIEBAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL	22	23	24		
BAKED BEANSSWEET POTATOITALIAN GREEN BEANSSANDWICHMASHED POTATOVEGETABLEBROCCOLIGARLIC BREADWHEAT BREADWHEAT DINNER ROLL					
VEGETABLE BROCCOLI GARLIC BREAD WHEAT BREAD WHEAT DINNER ROLL				•	
WILAI DINNEN NOLL WILAI DINNEN NOLL COOKIL FLAS FINLAFFLL					
FRUIT/MILK COCONUT CREAM PIE MILK PEACH CRISP / MILK MILK					
MILK MILK			WILK	FLACH CRISF / WILK	IVITEIX
29 30	29	30			
HAMBURGER /CHEESE CHICKEN/BISCUIT	HAMBURGER /CHEESE	CHICKEN/BISCUIT			
WHEAT HB ROLL MASHED POTATO	WHEAT HB ROLL				
OVEN BROWNED HERB GREEN BEANS					
POTATO STRAWBERRY TRIFLE					
COLESLAW MILK					
FRUIT/MILK					

ALL HOME DELIVERED MEAL CANCELLATIONS WILL BE ON WPTZ CHANNEL 5