

ACAP NUTRITION PROGRAM MENU FOR APRIL 2020

FUNDED BY OFFICE OF THE AGING OPERATED BY ACAP MENU SUBJECT TO CHANGE W/O NOTICE

ALL HOME DELIVERED MEAL CANCELLATIONS WILL BE ON WPTZ CHANNEL 5

DURING LENT WE CAN CHANGE MEAT TO FISH		1 BAKED FISH MAC&CHEESE BEETS WHEAT DINNER ROLL MAN.ORANGES/ MILK	2 TERIYAKI PORK CHOP FAJITA RICE PEAS SUGAR COOKIE WHEAT BR./MILK	3 MICHIGAN HOT DOG WHEAT HD ROLL OVEN BROWN POTATO CORN BROWNIE/MILK
6 ST SHELLS W/MEAT SAUCE WAX BEANS WHEAT BR. STICK APPLESAUCE/MILK	7 HOT TURKEY/GR SANDWICH WHEAT BREAD PEAS PEACH CRISP MILK	8 BACON BRUNCH CASSEROLE MANDARIN ORANGE SALAD WHEAT BREAD MILK	9 EASTER DINNER BAKED HAM W/SAUCE SWEET POTATO ASPARAGUS WHEAT ROLL COCONUT CREAM PIE/MILK	10 GOOD FRIDAY GOULASH ITALIAN GREEN BEANS GARLIC BREAD COOKIE MILK
13 BAKED FISH RICE CAPRI BLEND WHEAT DINNER ROLL/FRUIT/MILK	14 SHEPARDS PIE MASHED POTATO WHEAT DINNER ROLL PINEAPPLE/ MILK	15 CHICKEN/BISCUIT MASHED POTATO GREEN BEANS STRAWBERRY TRIFLE MILK	16 CHILI W/CARROTS RICE CORN BREAD COOKIE MILK	17 HAMBURGER/ CHEESE WHEAT HB ROLL HERB OVEN BROWN POTATO FRUIT/ MILK
20 CHICKEN TENDERS HERB OVEN BROWN POTATO PEAS& CARROTS WHEAT BR. COOKIE/ MILK	21 MEATLOAF/GR MASHED POTATO CARROTS GINGERBREAD WHEATBR./MILK	22 BAKED ZITI W/MEAT CHEESE ITALIAN GREEN BEANS GARLIC BREAD PUDDING MILK	23 SWEET&SOUR PORK RICE JAPANESE BLEND WHEAT DINNER ROLL CAKE/ MILK	24 TERIYAKI PORK CHOP FAJITA RICE PEAS SUGAR COOKIE WHEAT BR./MILK
27 BBQ CHICKEN BAKED BEANS VEGETABLE WHEAT DINNER ROLL FRUIT/MILK	28 BEEF STEW W/POTATO & MIXED VEGETABLES CORN BREAD FRUIT SALAD/MILK	29 BAKED FISH MAC/CHEESE BEETS WHEAT DINNER ROLL MAN. ORANGES MILK	30 MICHIGAN HOT DOG WHEAT HD ROLL HERB OVEN BROWNE POTATO CORN BROWNIE/MILK	