

ACAP NUTRITION PROGRAM FOR THE ELDERLY AUGUST 2019

FUNDED BY OFFICE OF THE AGING OPERATED BY ACAP MENU SUBJECT TO CHANGE WITHOUT NOTICE

			1 MICHIGAN HOT DOG/ WHEAT BUN POTATO SALAD COOKIE MILK	2 ST SHELLS TOSSED SALAD WHEAT BREAD STICK APPLE MILK
5 PORK CHOP/GR. MASHED POTATO PEAS APPLESAUCE WHEAT BR./MILK	6 BAKED FISH RICE PILAF SUMMER SQUASH BLUEBERRIES/ W TOPPING WHEAT BREAD /MILK	7 GRILLED CHICKEN/ WHEAT BUN LETTUCE/ TOMATO CUBED POTATO COLESLAW COOKIE MILK	8 MEATLOAF/GR. MASHED POTATO CARROTS GINGERBREAD W/ TOPPING WHEAT BR./MILK	9 CHEF SALAD HAM/TURKEY/EGG WHEAT DINNER ROLL BROWNIE MILK
12 BBQ RIBS PASTA SALAD WHEAT DINNER ROLL VAN. IC W/ STRAWBERRIES MILK	13 BEEF STROGANOFF HERBED NOODLES WAX BEANS MIXED FRUIT CUP WHEAT BR./MILK	14 SALISBURY STEAK/GR. RICE SUMMER SQUASH TAPIOCA PUDDING WHEAT BR./MILK	15 ROAST PORK/GR. SWEET POTATO CAULIFLOWER CAKE WHEAT BR./ MILK	16 SPAGHETTI/MEAT SAUCE TOSSED SALAD GARLIC BREAD YOGURT PARFAIT MILK
19 CHICKEN SALAD/ WHEAT ROLL TOM /CUKE SALAD HONEYDEW MELON MILK	20 ITALIAN SAUSAGE/W PEPPERS/ONIONS WHEAT ROLL APPLE WALDORF SALAD WATERMELON /MILK	21 BBQ CHICKEN MACARONI SALAD WHEAT DINNER ROLL FRESH FRUIT SALAD MILK	22 HOT TURKEY /GR. STUFFING MASHED POTATO SQUASH PEACH CRISP W/TOPPING MILK	23 ROAST BEEF/GR. BOILED POTATO COLESLAW WHEAT DINNER ROLL COOKIE MILK
26 BAKED HAM SCALLOPED POTATO SQUASH PINEAPPLE WHEAT BR./ MILK	27 HOMEMADE MEATBALL MAC/CHEESE BEETS WHEAT DINNER ROLL MANDARIN ORANGES MILK	28 HAMBURGER / WHEAT BUN LETTUCE/TOMATO BAKED BEANS AMBROSIA MILK	29 CHICKEN/BISCUIT MASHED POTATO GREEN BEANS STRAWBERRIES CRISP/ TOPPING MILK	31 MICHIGAN HOT DOG/ WHEAT BUN POTATO SALAD COOKIE MILK